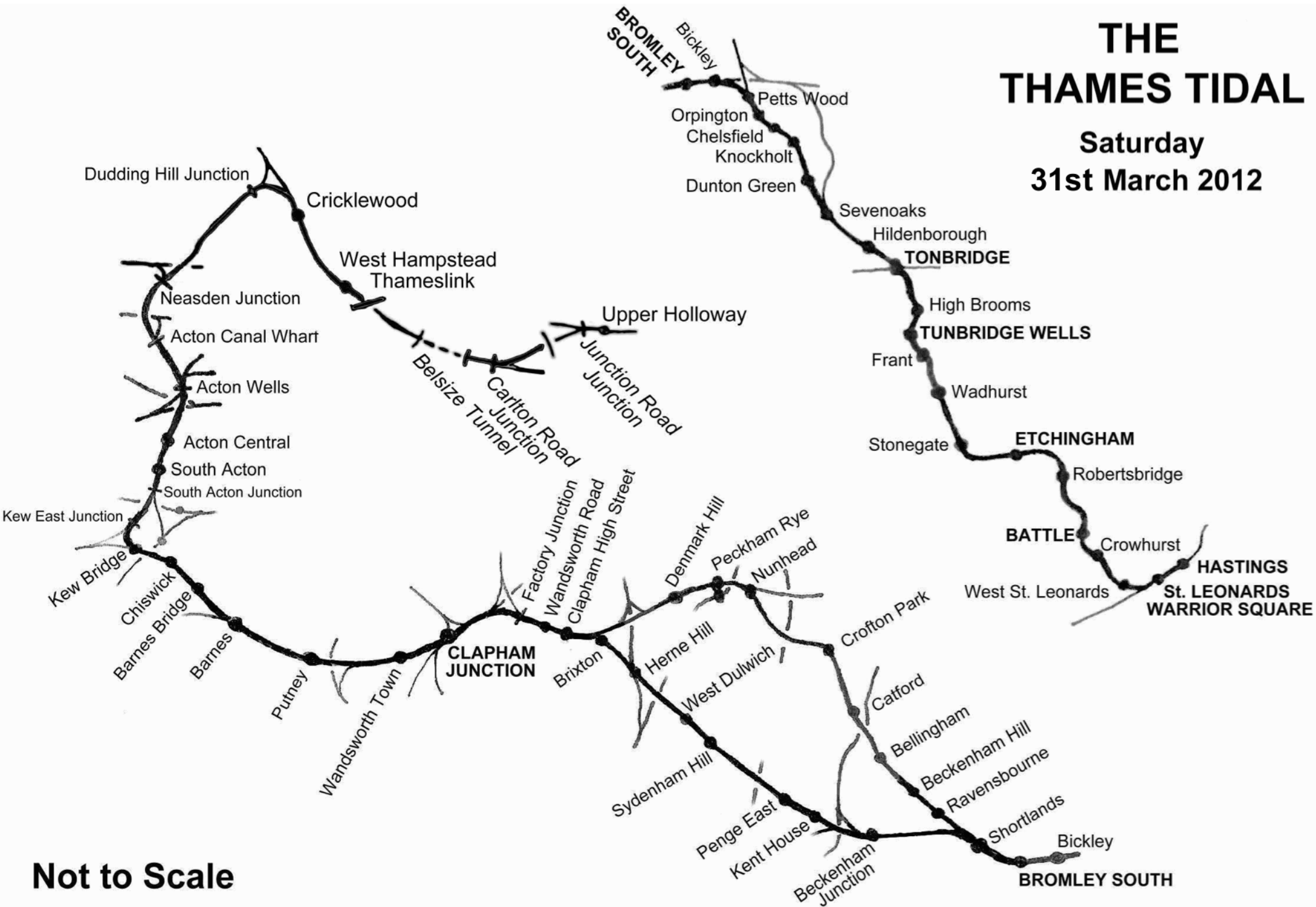


THE THAMES TIDAL

Saturday
31st March 2012



Not to Scale

SHOEBURYNESS

Thorpe Bay

Southend East

SOUTHEND CENTRAL

Westcliff-on-Sea

Chalkwell

Leigh-on-Sea

Benfleet

Pitsea

Stanford-Le-Hope

Basildon

East Tilbury

Tilbury Town

Laindon

Grays

West Horndon

West Thurrock Junction

Upminster

Upminster Bridge

Elm Park

Hornchurch

Dagenham East

Dagenham Heathway

Becontree

Upney

Ripple Lane

Dagenham Dock

Rainham

Purfleet

Barking

Woodgrange Park

East Ham

Wanstead Park

Forest Gate

Maryland

Stratford

Plaistow

West Ham

Bromley-by-Bow

Gas Factory Junction

Limehouse

Blackhorse Road

South Tottenham

LONDON FENCHURCH STREET

Harringay Green Lanes

Walthamstow Queens Road

Leyton Midland Road

Leytonstone High Road

Crouch Hill

Upper Holloway

Junction Road Junction

THE THAMES TIDAL

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